keep



Safety Focus of the Month

Innovate

What does "Innovate" mean to you on the job?

Each month we will highlight each letter of: **SIMPLE.** The safety team will be providing table tents to place around your offices.

Innovate into the Holidays!

As the cold weather approaches, its important to stay safe on the job by staying warm with the correct PPE and practicing safe driving strategies while on the road!

Winter PPE

The first line of defense against the cold is winter PPE! Here is a list of essential PPE to stay safe while working:

- Waterproof hi-vis insulated gloves
- · Hooded sweatshirt outerwear
- · Leather knit wrist winter liner
- Cold protection gloves
- Wind proof balaclava
- Hard hat ski mask
- Winter liner
- Ice cleats





Cold Stress and Windchill

Low winter temperatures combined with brisk winds can lead to dangerous wind chill values and cold stress injuries like frostnip, trench foot, frostbite, and hypothermia.

To learn more about cold stress symptoms and how to avoid cold-related illnesses, read OCC's Avoiding Windchill Safety Brief!

Holiday Road Safety

About 10,000 lives are lost every year in the U.S. due to traffic fatalities involving impaired drivers.

Unfortunately, impaired driving fatalities only increase during the holidays.

To stay safe on the roadways this Christmas and New Years, follow the tips below.



Plan ahead

If you plan to drink alcohol or use drugs, prepare a safe plan so that you do not have to drive.



Designate a sober driver

When out with a group, agree on a trusted designated driver who will not drink alcohol or use drugs ahead of time.



Get a ride home

If you've been drinking alcohol or using drugs, get a ride home with a sober driver. This can be done through using a rideshare service or calling a taxi.



Maintain a safe distance

Signs of impaired driving can include swerving, delayed signal responses, and abrupt turns. If you suspect a driver is impaired, safely pull over and contact police.

FY25 Long Term Challenge

The FY25 Long Term Challenge is still ongoing! Winners will receive a custom, laser engraved tumbler and all sections who achieve Mission Zero for FY25 will be entered into a drawing to win a free breakfast cooked by Tucker, Mike, and Lori! Mission Zero <u>must</u> be met to win.

Stay safe and don't miss out on your chance to win! Best of Luck!!

